

**SPRINGFIELD CITY SCHOOLS
EMMANUEL SCHOOL BREAKFAST MENU**

January 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Wk 3		1 Christmas Break	2 Christmas Break	3 Christmas Break	4 Christmas Break
Wk 4	7 Apple Cinnamon Bar Cinnamon Toast Crunch Apple Juice Applesauce Cup Milk	8 Banana Muffin Peach Cup Apple Juice Milk	9 Golden Grahams Apple Nutrigrain Bar Wild Watermelon Cup Orange Juice Milk	10 Strawberry Oatmeal Bar Cocoa Puffs Pear Cup Apple Juice Milk	11 Apple Cherry Bar Applesauce Cup Apple Juice Milk
Wk 1	14 Chocolate Chip Muffin Apple Juice Applesauce Cup Milk	15 Breakfast Berry Bread Apple Juice Pears Milk	16 Trix Cereal Oatmeal Choc Chip Bar Orange Juice Peach Cup Milk	17 Blueberry Nutrigrain Bar Golden Grahams Apple Juice Applesauce Cup Milk	18 Apple Oatmeal Bar Cocoa Puffs Apple Juice Craisins Milk
Wk 2	21 Martin Luther King Jr. Day	22 Banana Muffin Peach Cup Apple Juice Milk	23 Golden Grahams Apple Nutrigrain Bar Wild Watermelon Cup Orange Juice Milk	24 Strawberry Oatmeal Bar Cocoa Puffs Pear Cup Apple Juice Milk	25 Apple Cherry Bar Applesauce Cup Apple Juice Milk
Wk 3	28 Chocolate Chip Muffin Apple Juice Applesauce Cup Milk	29 Breakfast Berry Bread Apple Juice Pears Milk	30 Trix Cereal Oatmeal Choc Chip Bar Orange Juice Peach Cup Milk	31 Blueberry Nutrigrain Bar Golden Grahams Apple Juice Applesauce Cup Milk	