

## Emmanuel Christian Academy Lunch Menu

# January 2018

|      | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   |
|------|---|--|---|--|--|
| Wk 3 | 1<br><b>New Year's Day</b>  | 2<br><b>Christmas Break</b>  | 3<br><b>Christmas Break</b>   | 4<br>Penne Pasta w/ Meat Sauce<br>Green Beans<br>Mixed Fruit<br>Milk<br>Wheat Bread<br>Special: Chicken Fajita,<br>Lettuce, Rice, Tomato, Onions<br>& Green Peppers<br><br>Salad: Southwest Chicken<br>Salad | 5<br>Walking Taco<br>Lettuce & Tomato & Corn<br>Pineapple Tidbits<br>Milk<br><br>Special: Pizzeria Style Pepperoni<br>Pizza w/ Romaine Salad &<br>Dressing<br><br>Salad: Popcorn Chicken Salad |
| Wk 4 | 8<br>Chicken Shakers<br>Baked CC French Fries<br>Apple<br>Milk<br><br>Special: Honey BBQ Beef Rib<br>Sandwich w/ Corn<br><br>Salad: Chicken Ranch Salad | 9<br>Taco Salad<br>Lettuce & Tomato<br>Refried Beans<br>Grapes<br>Milk<br>Special: Hamburger & Sweet<br>Potato Fries<br><br>Salad: Popcorn Chicken Salad | 10<br>Calzone<br>Romaine Salad w/ Dressing<br>Fresh Fruit Cup<br>Milk<br>Special: Clucks Deluxe Chicken<br>Filet w/ Wedge Fries<br><br>Salad: Chicken Ranch Salad | 11<br>Macaroni & Cheese<br>Peas<br>Fresh Fruit of the Month<br>Wheat Bread<br>Milk<br>Special: Chicken Tenders &<br>Wheat Bread & Baby Baker<br>Potatoes<br><br>Salad: Southwest Chicken                     | 12<br>Boneless Chicken Wings<br>Green Beans<br>Applesauce<br>Milk<br>Special: Pizzeria Style Cheese<br>Pizza & Romaine Salad and<br>Ranch Dressing<br><br>Salad: Popcorn Chicken Salad         |

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|      |  |  |   |   |  |
|------|--|--|---|---|--|
| Wk 1 | 15   | 16   | 17  | 18  | 19   |
|      | <b>Martin Luther King Jr. Day</b>  | <b>Parent/Teacher Conferences</b>  | Pepperoni Personal Pizza<br>Baby Carrots w/ Dip<br>Fresh Fruit Cup<br>Milk<br>Special: Clucks Deluxe Chicken Filet w/ Wedge Fries<br>Salad: Chicken Ranch Salad | Chicken Fettuccini w/ Dinner Roll<br>Romaine Salad w/ Dressing<br>Banana<br>Milk<br>Special: Carolina BBQ Pork Sandwich & Baby Baker Potatoes<br>Salad: Southwest Chicken Salad       | Hamburger on Bun<br>Broccoli w/ Cheese Sauce<br>Pears<br>Milk<br>Special: Pizzeria Style Pepperoni Pizza w/ Romaine Salad & Ranch Dressing<br>Salad: Popcorn Chicken Salad |
| Wk 2 | 22   | 23   | 24  | 25  | 26   |
|      | Chicken & Cheese Crispito (2)<br>Corn<br>Mandarin Oranges<br>Milk<br>Special: Popcorn Chicken w/ Wheat Bread & Baked CC French Fries<br>Salad: Chicken Ranch Salad | Chicken Nuggets<br>Sweet Potato Fries<br>Grapes<br>Dinner Roll<br>Milk<br>Special: Personal Cheese Pizza & Romaine Salad w/ Dressing<br>Salad: Popcorn Chicken Salad | Bacon Cheeseburger<br>Green Beans<br>Fresh Fruit Cup<br>Milk<br>Special: Clucks Deluxe Chicken Filet w/ Wedge Fries<br>Salad: Chicken Ranch Salad               | Soft Taco<br>Shredded Lettuce, Cheese & Taco Sauce, Refried Beans<br>Banana<br>Milk<br>Special: Chicken Tenders & Dinner Roll & Baby Baker Potatoes<br>Salad: Southwest Chicken Salad | Italian Meatball Sandwich<br>Romaine Salad w/ Dressing<br>Applesauce<br>Milk<br>Special: Big Pizzeria Style Cheese Pizza<br>Salad: Popcorn Chicken Salad                   |
| Wk 3 | 29   | 30   | 31  |   |  |
|      | Orange Mandarin Chicken<br>Rice & Broccoli<br>Mandarin Oranges<br>Milk<br>Special: Buffalo Chicken Stuffer & Baked CC French Fries<br>Salad: Chicken Ranch Salad   | Coney Dog<br>Baked Beans<br>Grapes<br>Milk<br>Special: Spicy Chicken Patty & Sweet Potato Fries<br>Salad: Popcorn Chicken Salad                                      | French Bread Pizza<br>Baby Carrots w/ Dip<br>Fresh Fruit Cup<br>Milk<br>Special: Clucks Deluxe Chicken Filet w/ Wedge Fries<br>Salad: Chicken Ranch Salad       |   |  |